



ENGAGE PROGRAM

A program to encourage community engagement, relationship building and to build on experiences and learn new life skills.

30th June 2025– 17th October 2025

Please contact Team Leader Kellie James for all enquires 0417470426 or 8536 5888

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Connect More. Do More. Achieve More.

With a strong focus on fun, participation and adventure you will be provided with a wealth of active learning opportunities to develop life skills, further your education, increase your confidence and independence and prepare for future employment.

17 Week program Overview

We aim to be a trusted partner for you, working with you to achieve your goals and help you live the life you want to live.

Together, we will develop services that are personalised to you, that meet your individual needs, are flexible and suits your lifestyle

Public Holidays

6th October 2025 Public Holiday

Programs will not run on Public Holidays.

PROGRAM OVERVIEW

All drop off and pickups are from the Mt Gambier office **CLA Office, Shop D/3 Compton St**

If clients are going to be late or picked up early, the venue is written at the bottom of each activity

	Morning	Afternoon
MONDAY		
Weekly	Craft	Drama and Music Bingo
	Dancing	
TUESDAY		
Weekly	Group games	Painting
	Body balance	Pampering
WEDNESDAY		
Weekly	Coffee Club	Baking
	Indoor Table Tennis	Scrapbooking
THURSDAY		
Weekly	Sports at Wulanda	Sensory Activities/Games
	Shopping/cooking	Karaoke
FRIDAY		
Weekly	Senior Citizens Club	Kaboom
	Out for Lunch	

SPECIAL EVENTS

KEY DATES THE NEXT 17 WEEKS

Date	Information
July 4 th & 11 th Friday's –	Mini golf Or driving range Alternative to bowling due to school holidays
July 19 th Friday -	Naracoorte Caves Cost \$12.00, please bring a packed lunch and drinks
August 20 th – Thursday–	Lazer tag Cost \$20
September Tuesday DTC –	Oatmil Cinema Movie
Sept 26 th & October 3 rd Oct –or	Mini golf Driving range, an alternative to bowling due to school holidays
October 24 th Friday –	Mt Gambier show day (Entry fee and own spending money is required if you wish to purchase anything)

MONDAY

Morning option

Morning

Craft and Dance

Time: 9am – 12pm

Drop off CLA Office, Shop D/3 Compton St

Create and make each week!

Craft - Learn new craft, build on hand eye coordination and explore your imagination

Dance - 45-minute dance lesson with a qualified dance teacher – Tennille Grubb!

You need: Comfortable clothing, shoes and a packed Morning tea and Lunch

Venue: Italo Soccer club



MONDAY

Afternoon option

Afternoon

Drama and Music Bingo

12.00pm–3pm

Drama – Build your confidence in front of your friends with our current group play and drama games. Clients will perform their play in front of family and friends

Music Bingo – It's just like regular bingo, but instead of calling numbers, we play songs

You need: Packed afternoon Tea



TUESDAY

Morning option

Morning

Group games & Body balance

Time: 9am – 12pm

Drop off CLA Office, Shop D/3 Compton St

Group games – Play board games with friends, build on social bonds, promote shared experiences, strengthens relationships while having fun.

Body balance – Some fun fitness moves to improve on posture, balance, flexibility and core strength. All while providing a calm and centered atmosphere with friends

You need: Active wear or comfortable clothes, supportive shoes, water bottle, Packed morning tea and Lunch

Venue: Showground committee room



TUESDAY

Afternoon option

Afternoon

Painting & Pampering

Time: 1200pm – 3pm

Painting – Create your very own masterpiece each week to enhance skills, independence, improve daily living, capacity building and community participation.

Pampering – Pamper a friend or yourself, from adding some colour to your hair, facials, painting nails, foot soaks, head massages, whatever your thing is. Pampering assists each individual differently from socialising to enhancing wellbeing.

You need: Packed Afternoon Tea

Pick Up: CLA Office, Shop D/3 Compton St

Venue: Showground committee room



WEDNESDAY

Morning option

Morning

Coffee Club & Indoor Table Tennis

Time: 0900-1200pm

Coffee Club – Pick a different cafe each week to try your drink of choice out in the community

Table Tennis - Play a friendly game of table tennis against your friend, learning and building new skills with hand, eye coordination.

Join your friends at Wulanda for some recreational swimming

Cost - \$5-\$10 to purchase a drink

You need: Packed morning tea and Lunch

Pick up: CLA Office, Shop D/3 Compton St

Venue: Showgrounds committee room



WEDNESDAY

Afternoon option

Afternoon

Baking and Scrapbooking

Time: 12pm – 15pm

Drop off CLA Office, Shop D/3 Compton St

Clients pick a recipe each week, prepare a shopping list and go shopping for the ingredients, using and learning money handling skills

Create a themed page each week to add to their scrapbook, using their own photos of activities they have done at Engage for a memory book to take home at the end of the program.

You need: Morning tea, drink and packed lunch

Venue: Showground committee room



THURSDAY

Morning option

Morning

Sports at Wulanda & Cooking

9am–12pm

Drop off at CLA Office, Shop D/3 Compton St

Basketball, Tennis, Badminton, Netball, Soccer etc. each week for 1 hour in our new Wulanda recreation centre! Full accessibility and robust floor that are appropriate for mobility equipment

Pick a recipe, make a shopping list, go shopping and make something Yummy to share for afternoon tea.

You Need: Active wear or comfortable clothing, supportive shoes, water bottle, packed Morning tea

Venue: Wulanda recreation center



THURSDAY

Afternoon option

Afternoon

Sensory activities/games & Karaoke

Time: 12pm – 3pm

Sensory - Clients will choose from a selection of options for sensory activities, games, and puzzles

Karaoke - A great social activity to join in to sing along to your choice of song with the lyrics displayed on a screen. It's a fun and interactive way to enjoy music and socialize with friends.

Pick up : CLA Office, Shop D/3 Compton St

Venue: St Paul's Hall 20 Penola Road



FRIDAY

Morning option

Morning

Senior Citizen Club

9am–12pm

Drop off CLA Office, Shop D/3 Compton St

Join friends to play a friendly game of indoor Bowls, 8 ball, card games or visit their library

You Need: Cash/card if you wish to purchase a drink

Venue : Senior Citizen 42 James St



FRIDAY

Afternoon option

Afternoon

Out for Lunch & Kaboom

Time: 12pm – 3pm

Cost: \$10 cash for Kaboom
Plus \$30 Minimum to be bought on the day for Lunch

Enjoy Lunch while socializing with friends at a different Venue chosen by clients each week, then head to Kaboom for Ten pin bowling or mini golf. When school holidays are on clients can either choose to do the driving range or mini golf.

Pick up: CLA Office, Shop D/3 Compton St

You need: Cash/bank card



Together we
achieve

